

# CATHOLIC CENTRAL HIGH SCHOOL

## 2011-2012 High School Curriculum

### Faith, Knowledge, and Tradition

#### CCHS Mission

Catholic Central High School is a four-year co-educational high school committed to providing a Catholic based education. It offers a student of any race, religion, or ethnic origin the opportunity to develop and expand their abilities and creative talents in all aspects of their life. Catholic Central is committed to creating a strong academic curriculum and instilling life-long Christian values so a student can become a responsible and contributing member of our intellectual, spiritual, moral, emotional, social, and physical community.

#### CCHS Graduation Requirements-26 credits

#### Health: ½ credit

##### **HEALTH #911**

Freshman, Sophomore, Junior, Senior Requirement

1 Semester - ½ credit

The emphasis in Health is placed on areas that seek to help an individual make decisions that can lead to a long, healthy life-style. Information is gained through films, lectures, guest speakers, projects, discussion, and current articles. Some of the units include: wellness; nutrition and consumer information; behavior; violence in our society; sources and effects of stress; use/abuse of drugs, alcohol; STD's; and First Aid.